

North Clay Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	Apr - 1 CHICKEN ALFREDO BREADSTICK CORN SALAD W/ DRESSING PEACHES MILK, VARIETY	Apr - 2 PORK FRITTER / BUN FRENCH FRIES CELERY APPLESAUCE MILK, VARIETY	Apr - 3 CHICKEN AND WAFFLES STUFFED HASHBROWN CARROTS / DIP ORANGES MILK, VARIETY	Apr - 4 CHICKEN PATTY/ BUN FRENCH FRIES BROC & CAULIFLOWER Apples JUICE MILK, VARIETY
Apr - 7 TURKEY CLUB WRAP W/CHEESE CHIPS CUCUMBER SLICES LETTUCE & TOMATO Apple Slice MILK, VARIETY	Apr - 8 ROASTED PORK LOIN CHEESE POTATOES GREEN BEANS ROLL PEACHES MILK, VARIETY	Apr - 9 STUFFED RAVIOLI W/MEATBALLS BREADSTICK SALAD W/ DRESSING CARROTS / DIP FRUIT COCKTAIL MILK, VARIETY	Apr - 10 CHILI DOG / BUN BAKED BEANS SEASONED FRIES PEARS MILK, VARIETY	Apr - 11 FISH SANDWICH CHIPS CORN ON THE COB CUCUMBER SLICES PINEAPPLE MILK, VARIETY
Apr - 14 Popcorn chicken MASHED POTATOES CORN GRAVY FRUIT COCKTAIL MILK, VARIETY	Apr - 15 CHEESEBURGER / BUN FRENCH FRIES LETTUCE & TOMATO PEARS JUICE MILK, VARIETY	Apr - 16 NACHOS SUPREME CORN REFRIED BEANS MANDARIN ORANGES JUICE MILK, VARIETY	Apr - 17 CHICKEN NUGGETS BREADSTICK BAKED POTATO BROCCOLI & CHEESE Apple Slice MILK, VARIETY	Apr - 18 NO SCHOOL TODAY
Apr - 21 BBQ MAC&CHEESE BAKED BEANS CELERY PINEAPPLE JUICE MILK, VARIETY	Apr - 22 HAMBURGER / BUN FRENCH FRIES CUCUMBER SLICES BLUEBERRIES MILK, VARIETY JUICE	Apr - 23 GENERAL TSO CHICKEN/RICE CALIFORNIA MEDLEY RED PEPPER SLICES FRUIT COCKTAIL FORTUNE COOKIE MILK, VARIETY	Apr - 24 TURKEY & NOODLES MASHED POTATOES ROLL GREEN BEANS MANDARIN ORANGES MILK, VARIETY	Apr - 25 CHICKEN TACO SALAD W/ DRESSING Taco Beans PEARS JUICE MILK, VARIETY
Apr - 28 RIB / BUN FRENCH FRIES BAKED BEANS APPLESAUCE MILK, VARIETY	Apr - 29 BISCUITS & GRAVY EGG OMELET STUFFED HASHBROWN CARROTS / DIP PEARS JUICE MILK, VARIETY	Apr - 30 STEAK BITES W/ corn bread BAKED POTATO BROCCOLI & CHEESE Apple Slice MILK, VARIETY		

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	603	600-700	100%	Sugars	26.69* g	17.72%	
Cholesterol	71 mg			Protein	29.09 g	19.31%	
Sodium	1117 mg	1360		Carbohyd	68.31 g	45.34%	
Fiber	5.84 g			Tot. Fat	24.06 g	35.93%	<=30.0%
Iron	2.84 mg			Sat. Fat	7.12 g	10.64%	<10.00%
Calcium	430.34 mg						
Vitamin A	1121 IU						
Vitamin C	4.28 mg						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.